

MANDY STARKEY BA



Mandy is the current service Manager of **NEWFOCAS**, a position she has occupied for the past four years.

Initially coming to **NEWFOCAS** in 2007 as a student social worker Mandy obtained her social work degree in 2008, going on shortly after to gain a distinction in a foundation degree in therapeutic childcare and then level 5 management and leadership qualifications.

Mandy moved from the role of Therapeutic Social Worker to become the Therapeutic Services lead and has been instrumental in developing the The Neurosequentially Informed Recovery Programme (NIRP) which was loosely based upon the research by Professor Bruce Perry and his Trauma Institute in America. The plans we have developed for use in **NEWFOCAS** (TIPs -Therapeutic Information Plans compiled from background information & TAPS -Therapeutic Action Plans for ongoing assessment and intervention) form the basis of a continually reviewed and ongoing programme of work with each child.

Mandy's knowledge base has been significantly influenced by the research and work of Dr Bruce Perry, Bessel Van Der Polk, Kate Cairns, Professor Daniel Hughes, and attending a significant number of course and conferences on the subject of trauma and related subjects.

Regular mentoring over a number of years from Chester University's CREPT has helped to advance Mandy's understanding of how trauma effects organisationally and to take steps to redress this in a supportive manner.